



Salads

House, organic greens, english cukes, red onion, grape tomatoes, carrots, green goddess dressing 6

Caesar Salad, classic caesar with house made dressing, croutons & anchovies 6

Hopewell Wedge, baby iceberg, candied bacon, pistachios, tomatoes, blue cheese dressing, balsamic reduction 6

Baby Beet, greens, frisee, white balsamic, goat cheese, pistachios, sweet pea puree 8

Baby Spinach & Arugula, candied walnuts, jicama, blue cheese, dried cranberries, sherry dijon vinaigrette 8

Add. grilled chicken 7, grilled salmon 7, grilled shrimp 8, grilled scallops 9, seared ahi tuna 10

Wraps & Sandwiches

Blackened Chicken Wrap 11

grilled blackened chicken, avocado, cheddar, red onion, lettuce, tomato, chipotle mayo

Short Rib BLT 13

thinly sliced braised short rib, candied bacon, tomato, arugula, roasted garlic mayo, grilled baguette

Chicken Caesar Wrap 10

grilled chicken, romaine, parmesan & romano cheese, crumbled croutons, caesar dressing

Roasted Vegetable Wrap 9

balsamic roasted squash, peppers & onions, arugula, crumbled blue cheese

Rueben 11

corned beef, sauerkraut, swiss, & dijon mustard on toasted rye bread

All-Natural Beef Burger 12

on a hard roll with your choice of toppings- lettuce, tomato, red onion, caramelized onions, mushrooms, cheddar, american, blue cheese, bacon, roasted red peppers, avocado

Wraps served with tri-color tortilla chips & a pickle, sandwiches served with fries & a pickle.

Substitute sweet fries for \$1.50

Flat Bread Pizzas & other stuff...

Chicken & Chorizo, sun-dried tomato cream, arugula, 3 cheese blend 12

Buffalo Chicken, house pomodoro, crumbled blue cheese, 3 cheese blend 12

Vegetable, spinach, asparagus, mushroom, roasted red pepper, cherry pepper, tomato, ricotta & 3 cheese blend 11

Pomodoro and Mozzarella, our house pomodoro, fresh mozz, basil, parmesan 8 (additional toppings 50 cents ea)

Fish Tacos, seasoned, cilantro, lime, guacamole, lettuce & tomato, pineapple & mandarin orange salsa 14

Penne Agli oli, caramelized onions, spinach, peppers, tomatoes & blue cheese in a garlic & olive oil sauté 13

Fish & Chips, beer battered with fries 13

*consuming raw poultry, meat or fish may increase your risk of food borne illness, especially with certain medical conditions